

Volunteer as a Family

Share your time,
Strengthen your community
and have FUN together!



keep the beat
VOLUNTEER



HEART &
STROKE
FOUNDATION
OF BC & YUKON

Finding answers. For life.

When was the last time
your family shared
an experience?

Family Volunteering

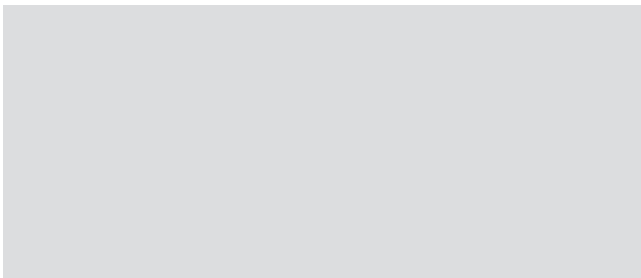
- Provides an opportunity to spend time together.
- Encourages your children to become leaders of tomorrow.
- Strengthens family values.
- Helps your family to make a positive impact on your community.
- Gives people of all ages the opportunity to work and have FUN together!



The Heart and Stroke Foundation of BC & Yukon has a variety of family volunteering opportunities.

Get involved today!

Contact your local area office:



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Tel: 604-736-4404
Toll-Free: 1-888-473-4636
www.heartandstroke.bc.ca