

Parent Help Line is a service of Kids Help Phone in collaboration with Invest in Kids. The service is managed and operated by Kids Help Phone. The library of messages is developed and maintained by the child development and parenting experts at Invest in Kids.



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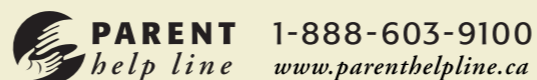


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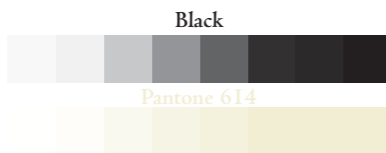
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**ANY PARENT.
ANY ISSUE. ANY TIME.
YOU'RE NOT ALONE.**

*Parent Help Line is a national,
bilingual telephone and
Internet service that gives parents
a place to turn to for any
parenting concerns, 24 hours a day.*



Why was Parent Help Line created?

Being a parent can be one of the most wonderful experiences. It can, however, be one of the most challenging. Every day, you face so many issues, so many worries, so many questions.

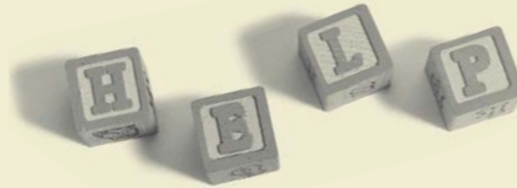
That's why Parent Help Line was created.

Parent Help Line is a national, bilingual telephone and Internet service that gives parents a place to turn to for any parenting concerns.

It has been developed by leading experts to give parents of children, aged 0 to 19, information, guidance and support. In fact, the service was developed in close consultation with parents, who literally directed its design.

Professionally trained counsellors

For any parenting issue that concerns you, you can call our phone line and receive confidential support from professionally trained counsellors.



Our counsellors are non-judgmental and reflect a broad range of expertise in fields such as child welfare, child and adolescent development and psychology.

Counsellors also have access to a database of more than 31,000 social service listings across Canada to help refer callers to local resources within their own communities.

Access to our message library

Parent Help Line also provides you with a library of almost 300 recorded messages that address common parenting questions and concerns.

For example, you may have a question on how to deal with children's tantrums or teens' curfews. Through our library, you can quickly and easily access relevant information.

The message library is developed and maintained by the child development and parenting experts at Invest in Kids and is available on the phone or website.

A website of information

You can access the Parent Help Line website at www.parenthelpline.ca to view our library of information online.

You can also share your own experiences with other parents across the country through our discussion groups.

We're here to help

If you have a parenting issue, big or small, Parent Help Line is here to help you through it. Because it's not easy being a parent.

