

Yes,
I would
like to
help

Enclosed is my gift of \$35 \$50 \$75 \$ _____

Tax receipt requested

Name _____

Address _____

City _____ Province _____ Postal Code _____

Telephone _____ email _____

Please bill my credit card MasterCard Visa American Express

Expires _____ / _____ / _____

Card# _____ Signature _____

Please send payment to your local Kids Help Phone Regional Office (see back panel)

Charitable Registration No. 13000 5846 RR0001

KIDS HELP PHONE

National Office

300 - 439 University Avenue
Toronto, Ontario M5G 1Y8
Tel: (416) 586-5437
Fax: (416) 586-0651
E: info@kidshelp.sympatico.ca

British Columbia

1100-1200 West 73rd Avenue
Vancouver, British Columbia V6P 6G5
Tel: (604) 267-7057
Fax: (604) 267-7058
E: bc@kidshelp.sympatico.ca

Alberta

150-9 Ave. S.W.
P.O. Box 2850
Calgary, Alberta T2P 2S5
Tel: (403) 645-4080
Fax: (403) 645-4020
E: alberta@kidshelp.sympatico.ca

Manitoba/Saskatchewan

2205 Victoria Avenue
2nd Floor
Regina, Saskatchewan S4P 0S4
Tel: (306) 780-9492
Fax: (306) 525-4009
E: sask@kidshelp.sympatico.ca
E: manitoba@kidshelp.sympatico.ca

Ontario

300-439 University Avenue
Toronto, Ontario M5G 1Y8
Tel: (416) 586-5437
Fax: (416) 586-0651
E: ontario@kidshelp.sympatico.ca

Quebec

911 Jean-Talon Street East
Suite 323
Montreal, Quebec H2R 1V5
Tel: (514) 273-7007
Fax: (514) 273-0589
E: quebec@kidshelp.sympatico.ca

Atlantic

3433 Dutch Village Road
Halifax, Nova Scotia B3N 2S7
Tel: (902) 457-4779
Fax: (902) 457-1074
E: atlantic@kidshelp.sympatico.ca

being
there
for kids

KIDS HELP PHONE 



I don't know what's going to happen in my life, but I wanted to thank you for listening. You were the only ones who did.

Katie, 13

Kids Help Phone is there for young people everywhere in Canada, 24 hours a day, every day of the year.

Kids Help Phone is the only toll-free, 24-hour, national telephone counselling, referral and Internet service for kids in Canada. We serve children and youth in every part of the country. When children reach out, we're there for them with the immediate, caring, professional support they need. Every year, we answer calls and online questions from kids in almost 3,000 Canadian communities. In addition, our award-winning website, www.kidshelpphone.ca, receives almost 460,000 hits a year.

Our counsellors are paid professionals

Our counsellors are experts with a broad range of experience in areas like child welfare, suicide prevention, mental health and the justice system. Ongoing training on new developments in counselling techniques and children's issues keeps them up to date.

Kids know this is their service

When a child calls, a counsellor immediately strives to make that child feel safe and reassured. Using special telephone counselling techniques, counsellors gather the information they need to be able to assess each situation and help the child, always in a climate of respect. Kids Help Phone counsellors never tell a child what to do: instead, they help establish what each child's options are and guide children towards the best solutions. (Of course, in a dangerous situation, counsellors use their expertise to keep the child on the line until help arrives.)

We put kids in touch with resources in their communities

Each counsellor sits at a workstation equipped with a computer that can instantly pull up the resources available in each child's own community. Our database has more than 31,000 listings, coast to coast, for services including child welfare agencies, counselling centres, hostels, health clinics, police and social service providers.

Every day we hear from children like -

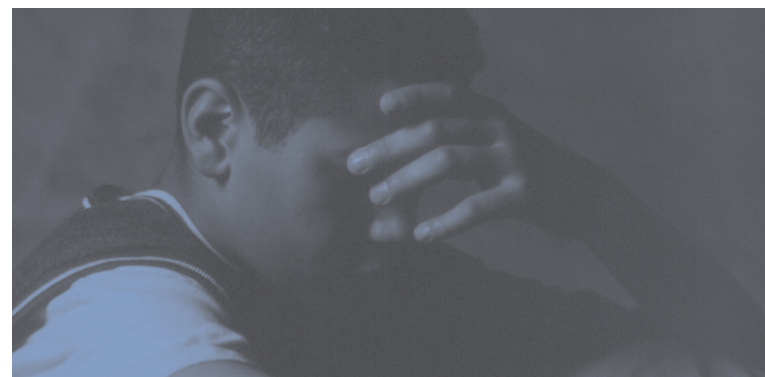
"Peter", 17, who called because his friend had recently committed suicide. Peter was consumed by guilt and felt overwhelmed by the situation. He was having trouble sleeping and eating. He felt that he should have been able to prevent it. To make things worse, the last time he saw his friend, they argued.

Or "Jennifer", 9, whose parents were breaking up. "My parents are separated and I'm supposed to decide who to live with," she told the counsellor. Like many children, Jennifer was worried that choosing one parent meant rejecting the other. She felt confused about her feelings and responsible for her parents' happiness.

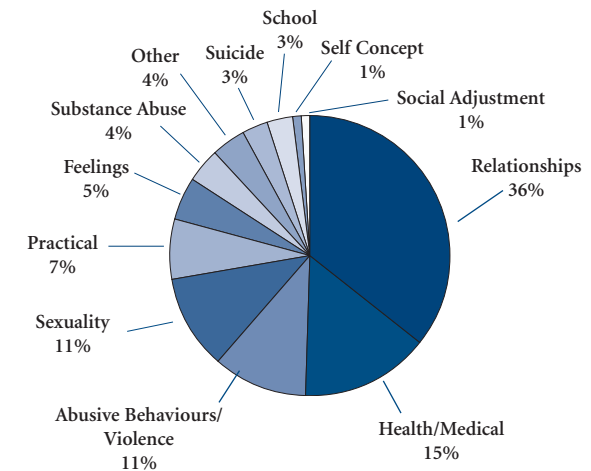
Our funding comes from the private sector

Kids Help Phone does not receive any core government funding. Since its founding in 1989, Kids Help Phone has relied on corporate partners, individual donors, and thousands of fundraising volunteers for the funds to maintain and improve its outstanding record of service to Canada's children. Without them, there would be no Kids Help Phone.

Literally and figuratively, Kids Help Phone responds to the calls that would otherwise go unanswered. Our service is a unique and crucial link to Canada's children.



What kids call about*



* based on calls for which in-depth counselling is required.

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